

Chan Workshop – Basic Dharma Class: “The Six Paramitas”

April 9, 2017

Quiz Time!

Reference: “The Six Paramitas: Perfections of the Bodhisattva Path” by Chan Master Sheng-yen, and other class notes

NOTE: All hints are referring to the page numbers in the paper-back version, not the PDF format.

1. If we must make a distinction between Hinayana and Mahayana, what should that be based on? (*hint: pg. 7*)
 - a. The methods of practice
 - b. The languages used
 - c. The more expansive scope of mind of the bodhisattvas
 - d. All of the above

2. What are the “Three Studies?”
 - a. Greed, Hatred and Ignorance
 - b. Precept, Concentration and Wisdom
 - c. Body, Speech and Mind
 - d. None of the above

3. What does “paramita” mean? (*hint: pg. 8*)
 - a. Transcendence
 - b. Perfection
 - c. Having reached the other shore
 - d. All of the above
 - e. None of the above

4. What is the Sanskrit term for “generosity?” (*hint: pg. 10*)
 - a. Sila
 - b. Dhyana
 - c. Dana
 - d. Ksanti

5. The Ten Paramitas consist of the Six Paramitas plus which of the following four more? (*hint: pg. 16*)
 - a. Loving-kindness, compassion, joy, and equanimity
 - b. Avoid unwholesome acts not yet committed, cease unwholesome acts already committed, engage in wholesome acts not yet done, and continue wholesome acts already engaged in
 - c. Concentration of intention, of effort, of mind, and of daring
 - d. Skillful means, bodhisattva vows, manifestation of spiritual powers, and true knowledge of the Dharma

6. What are the three cumulative pure precepts? (*hint: pg. 18*)
- To not kill, not steal and not lie
 - To refrain from harmful deeds, to cultivate virtue, and to benefit all sentient beings
 - To alleviate greed, hatred and ignorance
 - None of the above
7. Fill in the blank: The Three Dharma Seals are:
- All composite phenomena are _____
 - All phenomena are _____ (devoid of _____)
 - _____ is true peace (bliss)
8. Fill in the blank (3-5 words): The very spirit of bodhisattva precepts is: (*hint: pg. 20*)
- _____
9. The bodhisattva precepts are found in:
- All schools of Buddhism
 - Only the Hinayana schools of Buddhism
 - Only the Mahayana schools of Buddhism
10. Why is the practice of patience described as “pacified patience” (in the Sutra of the Perfection of Wisdom)? (*hint: pg. 24*)
- _____
11. True or False: Shakyamuni Buddha said patience is the greatest wealth: (*hint: pg. 29*)
- True, because: _____
 - False, because: _____
12. Which is the Bodhisattva of Great Actions and Great Functions? (*hint: pg. 7*)
- Bodhisattva Guan Yin
 - Bodhisattva Earth Store
 - Bodhisattva Samantabhadra
 - Bodhisattva Manjusri
13. Besides the word used in the book to translate “Virya,” give 2 more English translations for this Sanskrit word (one word each):
- _____
14. The Four Foundations of Mindfulness are the mindfulness of: _____, _____, _____, and _____. (*hint: pg. 15*)